

OCTOBER | 2022

Vincent Elementary School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 BBQ Chicken Sandwich Baked Beans Carrot Sticks Fresh Fruit Milk</p>	<p>4 Boneless Chicken Wings Mashed Potatoes Seasoned Broccoli Fruit Cup Milk</p>	<p>5 Mini Meatball Subs Tator Tots Carrot sticks Banana Milk</p>	<p>6 Taco Salad Tortilla Chips with salsa Seasoned Corn Mandarin Oranges Milk</p>	<p>7 Pizza Day Seasoned Green Beans Strawberry Cup Sidekick Milk</p>
<p>10 Macaroni & Cheese Seasoned Carrots Applesauce WW Dinner Roll Milk</p>	<p>11 Sweet & Sour Chicken Nuggets With brown rice Seasoned Peas Mixed Fruit Cup Milk</p>	<p>12 Rotini & Meatsauce Garlic Broccoli WW Dinner Roll Pears in Jello Milk</p>	<p>13 Pizza Day Seasoned Green Beans Peach Cup Sidekick Milk</p>	<p>14 No School</p>
<p>17 Hamburger on bun Baked Beans Apple Slices WW Cookie Milk</p>	<p>18 Popcorn Chicken With Brown Rice Vegetable Blend Peach Cup Milk</p>	<p>19 Cheese & Pepperoni Breadsticks With marinara sauce Strawberry Lettuce Salad Fresh Fruit Milk</p>	<p>20 Pizza Day Seasoned Corn Peaches in Gelatin Sidekick Milk</p>	<p>21 No School</p>
<p>24 Fruit Pancakes Sausage Links Hash brown Orange Juice Milk</p>	<p>25 Chicken Tenders Seasoned Brown Rice Vegetable Blend Peach Cup Milk Milk</p>	<p>26 Grilled Cheese Sandwich Chips Carrot sticks with ranch Fresh Fruit Milk</p>	<p>27 Chicken Quesadilla with salsa Mexican Corn Orange WW Cookie Milk</p>	<p>28 Pizza Day Tossed Salad with dressing Strawberry Cup Sidekick Milk</p>
<p>31 Corndogs Tator Tots Baked Beans Fresh Fruit Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

Menus are subject to change. Menu items may be substituted daily. Menu Substitutions are available.

This institution is an equal opportunity provider

Choose from a variety of:
Vegetables
Juice
Fruit
Milk